

# Living in Ras Al Khaimah

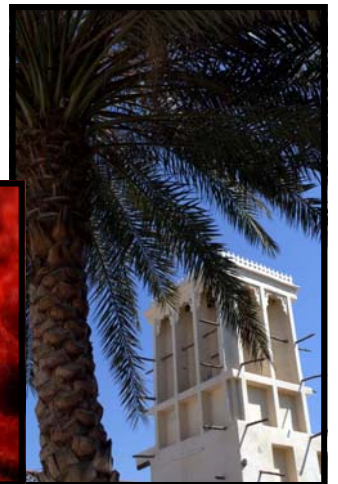


مكتب الإستثمار والتطوير

حكومة رأس الخيمة

Investment & Development Office

Government of Ras Al Khaimah



**TABLE OF CONTENTS**

<b>Contents</b>	<b>Page No.</b>
Health Care	3
Shopping	4
Eating Out	5
Hair & Beauty	7
Entertainment	7
Pet Care	8
Travel Agents	9
Cargo & Shipping	9
Getting Around	9
Schools	10
Services	10
More About Ras Al Khaimah	12



## HEALTH CARE

### Dentists

#### **Atef Dental Clinic**

Phone: 07 222 2208 / 222 2207

#### **Majed Dental Clinic**

Phone: 07 228 8882

### Doctors

#### **Dr. Ahlam– Gynecologist**

*Located in Dubai Islamic Bank building.*

*Phone: 07 227 8677*

#### **Dr. Hala-Al Ekhlas Clinic**

*Phone: 07 228 8275*

#### **Royal Medical Clinic & Dental Center**

Has Dermatologist ,Dentist, Pediatrician & Gynecologist.

*Phone: 07 233 2832*

### Emergency Services

#### **Important Emergency Numbers**

*Special Emergency Number 998*

*Police 999*

*Fire 997*

#### **RAK Hospital**

Has emergency room and facilities running 24 hours.

*Phone: 07 222 5555*

#### **Saqr Hospital**

Has a full emergency room and 24 hour facilities.

*Phone: 07 202 3658*

### Hospitals

#### **Kuwaiti Hospital**

Public hospital on Kuwaiti street. Free services: vaccination & maternity. Other services with AED 20.

*Phone: 07 233 7333*

#### **RAK Hospital**

Brand new private hospital with emergency and outpatient departments. Also has dental services. Average consultation fees are around AED 200 plus medication. Located next to Saqr Hospital near the lantern roundabout.

## Living in RAK

*Phone: 07 207 4444*

*Web <http://www.rakhospital.com>*

### **Saqr Hospital**

Main government hospital in RAK.

*Phone: 07 222 3666*

### **Pharmacies**

#### **RAK Hospital Pharmacy 24 hours**

*Phone: 07 207 4245*



## SHOPPING

### **Malls**

#### **Bin Daher Center**

Has 4 chain shops- Baby Shop, Shoemart, Splash & Lifestyle.

#### **Al Hamra Mall**

Newly opened mall near Al Hamra hotel, at the moment only Spinneys is open but the rest is expected to open in the next 12 months. Spinneys is a European supermarket that sells food from the UK including pork products in a separate section.

*Phone 07 244 7275*

#### **Lifestyle**

Sells a range of bath, beauty and home accessory products. Located behind Home Center on the road to the Hilton Hotel.

*Phone: 07 227 2626, 07 228 0111*

*Opening hours: 10:00a.m. to 11:00p.m.*

#### **Manar Mall**

Located on the Al Nakheel side of Ras Al Khaimah, the mall offers a wide range of products and services. Manar is the main mall in RAK with Carrefour, Next, Starbucks, McDonalds, Hush Puppies, Etisalat, money exchange and pharmacy among other stores.

*Phone: 07 227 0000*

*Opening hours: 10.00am to 12.00 midnight*

### **Furniture & Homeware**

#### **Home Center**

Sells furniture, bedding and home accessories. Located in Al Nakheel not far from Manar Mall.

*Phone: 07 227 1555*

*Opening hours: 10:00 a.m.-1:00p.m. & 5:00p.m. to 11:00p.m.*

**Ikea**

Best store for good priced furniture and home wares. Unfortunately it is located in Dubai at Festival City. But is easy to reach from Emirates Road.

*Phone: 04 203 7555*

*Opening hours: 10:00a.m. to 12:00a.m. (T- F) 10:00a.m. to 10:00p.m (S -W)*

**Other Shopping****Aysha Supermarket**

Located in Khozam, opposite the House of Beauty, just down from Nesnas. Open 24 hours.

**Alcohol**

Al Hamra Cellars

Contains a large selection of spirits, beer and wine. Located on the road to Al Hamra, before you reach the hotel.

**Choithram**

A good supermarket located in Gulf Cinema Street, opposite to UAE Exchange, selling Asian and European foods at a very reasonable price.

**Kuwaiti Street**

In old Ras Al Khaimah is Kuwaiti Street where a lot of the local people go to buy Arabian style clothing and perfumes.

**Nesnas Supermarket**

In Khozam area, Nesnas is a small supermarket selling a wide range of foods including meat.

**Al Safer**

Formerly known as Discount Market, this low priced supermarket is located on the RAK Corniche, near to the strip of high-rise apartments. A good place for reasonably priced groceries. Also has a good butcher.

**EATING OUT****Ceasars Restaurant**

A chain restaurant that serves Indian, Chinese, Iranian and Continental dishes. It is located on the Corniche Road.

*Phone: 07 233 6044*

**Chili's**

This is a chain restaurant that serves Tex-Mex food in large portions, at reasonable prices. It is located in Manar Mall.

*Phone: 07 228 8838*

## Living in RAK

### **Coffee and Cream**

A café located on the Corniche near the service station that serves good coffees and desserts with outdoor and indoor seating as well as free wireless access.

*Phone: 07 236 2484*

### **The Grand Restaurant**

Located near the Al Nakheel hotel, this is an old expat favourite that serves a range of Indian, Western and Chinese food at a very cheap price.

*Phone: 07 228 7685*

### **Al Hamra Hotel**

The Al Hamra hotel is a five star hotel located on the outskirts of the city. It has a number of high quality restaurants and bars, including a seafood restaurant on the beach and an excellent Italian restaurant in the main building. Prices reflect international hotel prices.

*Phone: 07 244 6666*

### **The Hilton Hotel**

There are two Hilton hotels in RAK, one in the city in the Al Nakheel area and one on the Beach in the Maarid area. Both have good restaurants and bars serving a range of food and drinks. Prices are in line with international hotel prices.

*Phone: 07 228 8888*

### **Al Jazeera Lebanese Restaurant**

Located in the Al Hamra Fort Hotel & Beach Resort. Serves high quality Lebanese food with music & show. Excellent place to take guests.

*Phone: 07 244 6666*

### **Pasta Mania**

Serves excellent pasta and pizzas quickly, at a reasonable price. It is located in Manar Mall opposite Chili's.

*Phone: 07 227 7640*

### **Pizza Ok**

Has good pizza and pasta for a reasonable price. Located near Splash and Lifestyle stores opposite Etisalat.

*Phone: 07 227 6577*

### **La Tour D'Argent**

Located in Ras Al Khaimah Hotel. Offers excellent Lebanese food at reasonable prices.

*Phone: 236 2999*

### **Al Sahari Restaurant**

Lebanese restaurant located on the main road of RAK heading into old RAK. This is one of the best known and oldest Lebanese restaurants in RAK.

*Phone 07 233 3966*

### **Sushell Restaurant**

Located in the City Hotel, opposite Manar mall, has very cheap buffet meals of a reasonable quality.

*Phone: 07 227 4000*

### **Tower Links Golf Club**

Located opposite the palace of HH Sheikh Saqr, the club contains the excellent Awatar restaurant that is open to all serving a range of cuisine including Lebanese, American & Chinese. Prices and service are very good. Also contains the Golden Ferret Spike Bar in which alcohol and snacks are served.

*Phone: 07 227 8555*



## **HAIR & BEAUTY**

### **Cleopatra Spa**

Located in the Tower Links Golf Club, this spa performs a range of services.

*Phone: 07 227 8550*

### **Hilton Beach Club Spa**

Beautiful new spa using Thalgo products that offers a range of services including Ayurvedic massages. Located at the Hilton Beach Club, appointments essential as is in demand with the tourists.

*Phone: 07 228 8888*

### **House of Beauty**

An excellent salon with branches in Khozam and Maarid. It does everything from hair to nails to Moroccan baths and caters to expats and Arabs. Uses Marie Kor and Maria Galland products.

*Phone: 07 236 2624*

### **Riviera Salon**

Popular salon with Arab ladies located in Khozam. Has a new specialized nail room.

*Phone: 07 236 3335*



## **ENTERTAINMENT**

### **Cinemas**

### **Grand Cinema**

Located in Manar Mall has a multiplex cinema showing the latest films.

*Phone: 07 227 8888*

### Night Clubs/Bars

#### City Hotel Bar

Located in the City Hotel, offers discounts on alcohol on certain nights. Very popular with Western expatriates.

*Phone: 07 227 4000*

#### Havana Bar

Located in the Hilton Hotel, has a live band most nights and is an intimate setting mostly frequented by tourists.

*Phone: 07 228 8888*

#### Malibu Nightclub

Located at the Al Hamra hotel, good music with mostly tourists as clientele.

*Phone: 07 244 6666*

#### Stallions Night Club

Located next to the Hilton Hotel, popular with the Arab expat community.

### Sports/Gyms

#### Fitness Zone

Located in Khozam next to the House of Beauty. This is a ladies gym, that offers aerobics as well as having a gym and personal training services available.

*Phone: 07 236 5559*

#### Al Hamra Hotel

Offers Health Club memberships including access to beach, pool & gym.

*Phone: 07 244 6666*

#### Hilton Beach Club

Offers memberships for expats living in RAK. These give access to the pool, beach and gym.

*Phone: 07 228 8888*



### PET CARE

#### Food and care

Pet food can be bought at Spinneys or Carrefour & most supermarkets.

#### Vets

Veterinary Medical Clinic

Located next to United Insurance Building, next to Pizza Hut. Has basic pet care facilities.

*Phone: 07 235 0015*



## TRAVEL AGENTS

### **Dnata**

Good travel agent located in Nakheel, one of the larger chain agencies.

*Phone: 07 221 3222*

### **Ranta**

Ras Al Khaimah National Travel Agency (Ranta) is one of the leading travel agencies in the Emirate of Ras Al Khaimah, owned by the Govt. of Ras Al Khaimah and managed by the Department of Civil Aviation, Ras Al Khaimah. Head office is located on Oman Street in Al Nakheel.

*Phone: 07 228 1537*



## CARGO & SHIPPING

### **Crown Relocations**

Excellent global relocation company. Provides door to door service and a range of options from air to shipping. Will pack and unpack as required. Very efficient and worth the money.

*Phone: 07 246 1145*

### **Ruby Cargo**

Ras Al Khaimah based shipping company that will send all over the world. Do not usually pack for you but will pick up from your home and deliver where required. Reliable and used by a number of expats when returning home.

*Phone: 07 222 4450*



## GETTING AROUND

### **Minibus service between emirates**

Bus service between RAK & other Emirates, is easily available from the Taxi Stand in RAK. The terminal is at the entrance of RAK near RAK Police Department.

### **Rental Cars**

Int Rent Cars

*Phone: 07 222 2475, 07 222 2476*

Abraj Rent Cars

*Phone: 07 233 4959*

## Living in RAK

### Taxis

Al Hamra taxi, RAK taxi & Al Araibi taxis are easily available. Pink Taxis for women only can also be found.

*Phone: 07 235 6567*



## SCHOOLS

### Indian Schools

Indian Public High School

*Phone: 07 222 3124*

Indian School Ras Al Khaimah

*Phone: 07 228 8346*

Scholars Indian School

*Phone: 07 222 7600*

### International School of Choueifat

English medium school popular with the Arab community, known for strong academics.

*Phone: 07 235 3446*

### RAK English Speaking School (RAKESS)

British & IB curriculum school. Caters to expats and the local community. All staff from UK, USA, Australia or Canada. Runs from Playgroup to Year 12.

*Phone: 07 236 2441*



## SERVICES

### Electricity

Federal Electricity & Water Authority (FEWA)

*Phone: 07 228 8444*

### Gas

Al Burairat

*Phone: 07 226 1316*

### Laundry/Dry Cleaning

Modern Laundry has a number of branches throughout RAK, including one at Khozam shops next to Nesnas.

*Phone: 07 236 1468*

### Mineral Water Companies

Masafi Water

*Phone: 07 228 6030*

Awafi Water

*Phone: 07 246 1222*

**Real Estate Agents**

Insearch Properties is run by two Italian ladies who are very helpful and professional.

*Phone: 050 714 1408*

**Sewerage**

Al Daleel

*Phone: 07 227 0247*

**Tailor**

Naik at Khozam shops, next to Modern Laundry. Does good alterations for a very reasonable price.

**Telephone**

Etisalat-Emirates Telecommunications Corporation

*Phone: 07 228 1111*

Directory Inquiry Services

*Phone: 181*

## MORE ABOUT RAS AL KHAIMAH

### Population

Rapidly growing population currently at around 250,000 ( estimated by Ministry of Planning).

### Climate

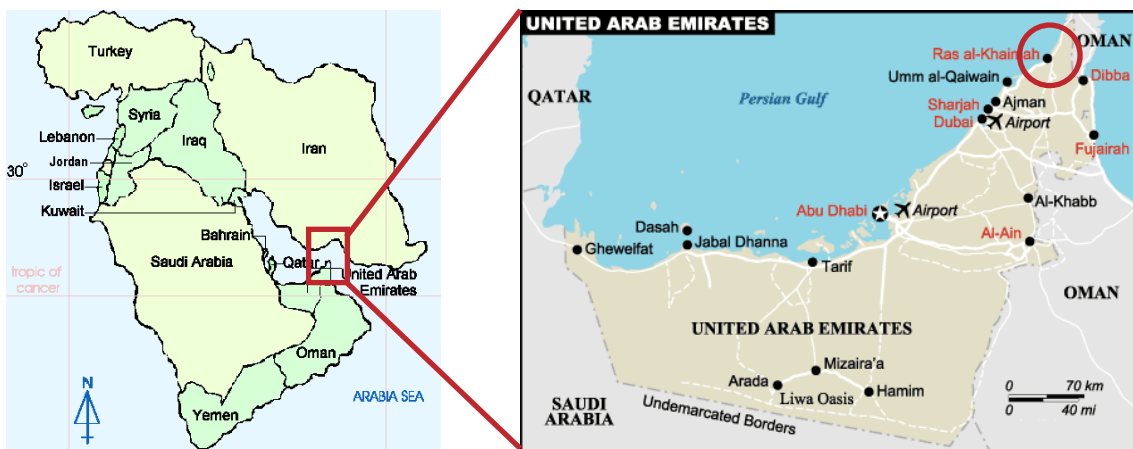
RAK enjoys a moderate, cool and refreshing climate for 8 months of the year between October and May. The other four months are hot and humid. It is generally between 40-47C in summer, while winters are pleasant between 8-15C. Winters receive rainfall although irregularly.

### Places of Interest

A mix of heritage and entertainment venues include the RAK Museum, Al Hamra Beach Resort, Hilton Beach Resort, New Corniche, and Khatt Hot Springs among others. Upcoming life-style development projects include The Cove Resort, Mina Al Arab, & Saraya Islands.

### Activities

Unique geographic position and varied landscapes offer mountain climbing, dune bashing, golfing, shooting, water sports, and shopping.



# Living in RAK



